

**COMPETITION PROGRAM - REDUCED GIRLS PROGRAM 1**

**7 OCTOBER 2017**

**TWO ATTEMPTS ONLY AT THROWS & JUMPS**

**7:45 am Start to this Program**

**Events typically flow down a column. Program changes can occur.**

<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15/16/17</b>
Vortex	100m	Turbo Javelin	100m	Discus	Triple Jump Site 2	Javelin	Javelin	Shot Put
300m	Discus Site 1	100m	800m	100m	Javelin	Discus	Discus	Triple Jump Tartan Site 5
Discus Site 1	Turbo Javelin	Discus	Turbo Javelin	Triple Jump Site 1	100m	100m	100m	100m
200m	200m	200m	Discus	Javelin	Discus	Triple Jump Tartan Site 5	Triple Jump Tartan Site 6	Discus
			200m	200m	200m	200m	200m	200m

**NO PARENTS ARE ALLOWED ON THE CENTRE ARENA UNLESS ASSISTING IN THE RUNNING OF THE EVENT**

**PROGRAM SCHEDULE:**

- 6:30am Set Up Team arrives, puts out equipment
- 7:40am First call for events. For first field events of the morning only, athletes can go directly to sites. Athletes in laned events must go to marshalling areas
- 7.45am Competition program commences
- 12:00pm Target finish time. Pack-Up Team packs equipment away

U7, U8 & U9 age athletes may compete in a **MAXIMUM OF 4 EVENTS** per Saturday

U10 to U17 age athletes may compete in a **MAXIMUM OF 5 EVENTS** per Saturday

An event with a result of a 'no-throw', 'no jump', or 'Did Not Finish' **cannot** be substituted with another event. Points gained from extra events are **forfeited**, refer Rules for Competition - Point 9

**COMPETITION PROGRAM – REDUCED BOYS PROGRAM 1****7 OCTOBER 2017****TWO ATTEMPTS ONLY AT THROWS & JUMPS****7:45 am Start to this Program****Events typically flow down a column. Program changes can occur.**

<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15/16/17</b>
Long Jump Site 1	100m	100m	Shot Put	800m	800m	800m	800m	Triple Jump Tartan Site 6
300m	Long Jump Site 4	Shot Put	800m	100m	Shot Put	Long Jump Tartan Site 5	Shot Put	Discus
Shot Put	Shot Put	Long Jump Site 3	100m	Long Jump Site 4	100m	100m	100m	100m
200m	200m	200m	Long Jump Site 2	Shot Put	Long Jump Site 4	Shot Put	Long Jump Tartan Site 6	Shot Put
			200m	200m	200m	200m	200m	200m

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**COMPETITION PROGRAM – REDUCED GIRLS PROGRAM 2**

**14 OCTOBER 2017**

**TWO ATTEMPTS ONLY AT THROWS & JUMPS**

**7:45 am Start to this Program**

**Events typically flow down a column. Program changes can occur.**

<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15/16/17</b>
70m	70m	Long Jump Site 3	Long Jump Site 4	800m	800m	800m	800m	800m
Long Jump Site 4	Shot Put	70m	70m	Shot Put	Long Jump Site 3	Long Jump Tartan Site 6	Shot Put	Javelin
Shot Put	Long Jump Site 3	Shot Put	100m	100m	100m	Shot Put	100m	100m
100m	100m	100m	Shot Put	Long Jump Site 3	Shot Put	100m	Long Jump Tartan Site 5	Long Jump Tartan Site 5
			400m	400m	400m	400m	400m	400m

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**COMPETITION PROGRAM – REDUCED BOYS PROGRAM 2**

**14 OCTOBER 2017**

**TWO ATTEMPTS ONLY AT THROWS & JUMPS**

**7:45 am Start to this Program**

**Events typically flow down a column. Program changes can occur.**

7	8	9	10	11	12	13	14	15/16/17
70m	70m	Turbo Javelin	Discus	Triple Jump Site 1	Discus	Triple Jump Tartan Site 5	Triple Jump Tartan Site 6	800m
Discus Site 1	Turbo Javelin	70m	70m	100m	100m	100m	Discus	Javelin
Vortex	100m	Discus	100m	Discus	Javelin	Discus	100m	100m
100m	Discus Site 1	100m	Turbo Javelin	Javelin	Triple Jump Site 1	400m	Javelin	Long Jump Tartan Site 6
			400m	400m	400m	Javelin	400m	400m

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